## PRESS RELEASE

## Things to avoid when investing in a Hi-Lift incliner

*Claire Gibson, from leading motion furniture manufacturer, La-Z-Boy, offers some insight into the top things to avoid when investing in a Hi-Lift incliner.* 

*30 May 2016, Johannesburg:* Do you suffer from any ailments that affect your comfort when getting in, sitting in or rising out of a chair? Do you need to be able to sleep in your chair occasionally? Do you need a little bit of help when rising out of a chair? If the answer is "yes" to any of these questions, then an electrically operated Hi-Lift incliner, such as those from La-Z-Boy, would be a very beneficial investment for you.

Claire Gibson from leading motion furniture manufacturer, La-Z-Boy, explains what makes Hi-Lift incliners such a popular and helpful choice of seating for those with ailments and the elderly: "With a mere push of a button, the Hi-Lift incliner will automatically recline into a relaxing position. When you are ready to stand up, you press a button, and the chair will automatically lift and tilt to help you to your feet – standing up out of your chair will not require any physical effort at all. It also offers support when you are sitting down – the incliner will rise to meet you, and then gently lower you into a full sitting position."

She says that La-Z-Boy Hi-Lift incliners have been engineered to provide you with the smoothest, most secure motion. The frame-in-frame La-Z-Boy design also guarantees quiet, dependable operation and keeps mechanisms safely hidden, for optimum styling and good looks.

When it comes to Hi-Lift incliners, there are many options to choose from, however, it is important to remember that not all brands are created equal. Says Claire: "When it comes to motion furniture, as with everything else, you get what you pay for. However, when it comes to choosing mobility-enhancing furniture, it is especially important to choose something that is of a good quality, as it will not only guarantee maximum return on your investment, but it will also impact on your overall wellbeing and comfort."

For those interested in investing in a Hi-Lift incliner, Claire recommends the following considerations:

 Supreme support: Check out whether the seating offers complete lumbar support to your entire body in all positions, even when reclining, as it has been scientifically proven that this helps to reduce back pain. Those who suffer from back pain associated with muscle strain or degenerative changes for example, can benefit from taking advantage of reclining in high-end motion incliners. La-Z-Boy incliners boast a duvet seat cover with calf support on the leg rest for optimum comfort. In fact, the La-Z-Boy Hi-Lift incliners offer such good support that it is one of the few brands endorsed by the American Chiropractic Association, as well as the Chiropractic Association of South Africa.

- 2. **A good fit:** Just like any incliner, it is imperative that the chair fits your particular body size. This is very important because the larger the chair, the deeper the seat cushion. Choose a chair that's too big and your legs may not touch the floor when sitting straight up. Choose a model that's too small and your lower back area might not respond well. As such, try out the incliner to make sure that it offers a good fit.
- 3. **Choice of uphositery:** Choose the upholstery wisely if you live in a hot and humid climate, perhaps leather is not the best option as it will be a little sweaty. However, if you would like something that is easy to clean and offers maximum longevity, then leather is a great option. La-Z-Boy for example, is available in a wide variety of upholstery options, which include fabric, leather-uppers and full leather options so you can customise this seating to suit your personal preferences, taste and budget.
- 4. **Guaranteed longevity:** Find out how the units are constructed, and what they are made from. Also, the guarantee on each unit is a good indicator of what kind of quality you are investing in. La-Z-Boy incliners boast a 4-sided Unibody frame design crafted of superior Radiata hardwood and steel for lasting durability. All La-Z-Boys come with a unique 10-year limited warranty for added peace of mind and confidence.
- 5. **Proudly South African:** Try and source something that is manufactured locally, as this not only supports the local economy and creates jobs for South Africans, but it will ensure that spare parts and after-sales service are readily available if required.

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Released on behalf of La-Z-Boy (<u>www.la-z-boy.co.za</u>) by The Line (<u>www.theline.co.za</u>, <u>ant@theline.co.za</u>).